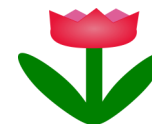




2020

MAY

2020



## Nursing Home Menu

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

\*\*Meals served with a choice of: Dinner Roll or bread, and Coffee, Hot Tea, Milk

## LUNCH MENU

Regular  
Alternate

3 **Hawaiian Baked Ham**

Brussel Sprouts  
Sweet Potato  
Butterscotch Pudding  
BBQ Chicken Breast  
Broccoli Florets  
Herbed Noodles

4 **Fried Chicken**

Capri Vegetable  
Cornbread  
Chilled Peaches  
Potato Wedges  
Cheeseburger/Bun  
Calico Coleslaw  
Baked Beans

5 **Breaded Pollock Fish Fillet**

Green Peas  
Noodles Jefferson  
Fruit Cocktail  
Herbed Pork Chop  
Carrots  
White Rice

6 **Braised Pork Tips**

Broccoli Florets  
Yellow Rice  
Pineapple Tidbits  
Honey Dijon Chicken  
Thigh  
Kernel Corn  
Garlic Potato Wedges

7 **Maple Sage Turkey**

Green Beans, Bread  
Dressing, Cranberry  
Applesauce  
Garlic Pork Chop  
Carrots, Parsley Ric

8 **Apple Glazed Ham**

Beets, Au Gratin Pot.  
Pineapple Upside-Down Cake  
Lemon Pepper Chicken, Kernel Corn  
Buttered Noodles

9 **Baked Ziti/Sauce**

Caesar Salad  
Garlic Breadstick  
Cinnamon Brown Sugar Blondie  
Smothered Turkey  
Patty  
Sliced Carrots  
Mashed Potatoes

10 **Balsamic Glazed Pork Loin**

Zucchini, Red Skin  
Potato, Scalloped  
Apples  
Marinated chicken  
Thigh, Veg. Blend  
Parsley Orzo

11 **Thyme Baked Chicken Thigh**

Brussel Sprouts  
Sweet Potatoes  
Carrot Cake/Icing  
Swedish Meatballs  
Spinach, Egg Noodles

12 **Lemon Butter Baked Fish**

Veg. Blend, Rice Pilaf  
Tropical Fruit Salad  
Herbed Chicken  
Breast  
Green Beans  
Mashed Potatoes

13 **Kielbasa Sausage**

Seasoned cabbage  
Mashed Potatoes  
Peanutbutter brownie  
Cheeseburger/bun  
Vegetable blend  
Baked Beans

14 **Rosemary Roast Beef Au Jus**

Parsley Carrots  
Red Skin Potato, Harvest Baked Apple  
Lemon Pepper Fish  
Seasoned Beets  
Buttered Orzo

15 **Chicken Noodle Casserole**

Green Peas  
Seasoned Rice  
Hamburger Steak  
Green Beans  
Marble cake w/white  
Frosting

16 **Orange Teriyaki Pork Roast**

Garlic Green Beans  
Rice, Spiced Pears  
Chicken Tenders  
Vegetable Blend  
Mashed Potatoes

17 **Roast Turkey w/ Gravy**

Brussels Sprouts  
Pumpkin Cheese-cake  
Sage Bread Dressing  
Salisbury Steak  
Seasoned Spinach  
Herbed Rice

18 **Homestyle Meatloaf w/Ketchup**

Broccoli Florets  
Au Gratin Potatoes  
Chocolate Ice Cream  
Grilled Cheese Sandwich  
Green Peas  
Parsley Noodles

19 **Baked Stuffed Fish Fillet**

Spinach w/Garlic  
Rice Pilaf  
Pineapple Tidbits  
Rosemary Chicken  
Breast  
Carrots  
Potato Wedges

20 **Fried Chicken**

Kernel Corn  
Cornbread  
Garlic Mashed Potato  
Dutch Apple Pie w/ Crumb Topping  
Parsley Pork Chop  
Broccoli Florets  
Yellow Rice

21 **Encrusted Pork Loin**

Brussel Sprouts  
Mushroom Noodles  
Sugar Cookie  
Lemon Pepper  
Chicken  
Kernel Corn  
Mashed Potatoes

22 **Maple Dijon chicken Thigh**

Sliced Beets  
Steamed Rice  
Spiced Peaches  
Smothered Steak  
Green Beans  
Parsley Orzo

23 **Shepherd's Pie**

Vegetable Blend  
Deluxe Fruit Salad  
Garlic Baked Pork  
Chop  
Green Peas  
Parsley Noodles

24/31 **Turkey w/ Cranberry Glaze**

Green Beans  
Pumpkin Pie

**Hawaiian Baked**25 **Salisbury Steak**

Sliced Glazed Carrots  
Fruit Cocktail  
Duchess Mashed Potatoes  
Chicken Tenders

26 **Cornflake Crusted Fish Fillet**

Green Peas  
Vanilla Ice Cream  
Parsley Rice  
BBQ Meatballs

27 **Kielbasa Sausage**

Braised Cabbage  
Brown Sugar Baked  
Beans, Maple Apple  
Crisp  
Seasoned Chicken

28 **Braised Beef Round Roast**

Parsley Carrots  
Red Skin Potatoes  
Oatmeal Raisin  
Cookie

29 **Apple Ginger Pork Loin**

Green Peas  
Rice, Fruit Salad  
Vegetable Quiche  
Spinach w/Garlic

30 **Rancher's Chicken Breast**

Green Beans  
Garlic Breadstick  
Harvest Baked Apples  
Buttered Orzo