

2020

MAY 2020

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Nursing Home Menu

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

DINNER MENU
Regular
Alternate

**Meals served with
Coffee or Hot Tea,
Milk and Dinner Roll/
Bread

1 **Open-face Turkey Sandwich/Gravy**
Kernel Corn, Mashed Potatoes, Brownie
Kielbasa Sausage
Braised Cabbage
Herbed Rice

2 **Homestyle Meat-loaf w/Ketchup**
Honey Carrots
Au Gratin Potatoes
Pumpkin Cheesecake Bar
Smothered Turkey Patty, Beets, Noodles

3 **Herb Baked Fish**
Stewed Tomatoes
Parsley Rice
Pear Crisp
Meatballs w/Gravy
Green Peas
Mashed Potatoes

4 **Lasagna w/Sauce**
Caesar Salad
Garlic Bread
Lemon Bar
Egg Salad Sandwich
Cucumber Salad
Potato Chips

5 **Chicken Soft Taco w/Flour Tortilla**
Mexican Corn
Black Beans, Sherbet
Hamburger Steak/
grilled onions
Zucchini
Buttered Rice

6 **Minestrone Soup, Thin Crust Pizza**
Garlic Spinach
Parm Breadstick,
Choc Chip Cake
Parsley Pork Chop
Vegetable blend
Roasted Potatoes

7 **Sweet & Sour Meatballs**
Broccoli Florets
Steamed Rice, oat-meal Raisin Cookie
Herbed Baked Fish
Zucchini
Buttered Noodles

8 **Breaded Fish Fillet on a Bun**
Vegetable Blend
French Fries
Peach Parfait
Salisbury Steak
Green Peas
Yellow Rice

9 **Hearty Veg. Soup & Chicken Salad Sandwich**
Green Bean Salad
Potato Chips
Mandarin Oranges
Mushroom/Cheese Quiche, Spinach

10 **Beef Pepper Steak**
Peas & Carrots
Buttered Rice
Butterscotch Pudding
BBQ Pork Chop
Broccoli Florets
Potato Wedges

11 **Baked Mac & Cheese**
Stewed Tomatoes
Fruit Cocktail
Egg Salad Sandwich
Mixed Veg. Salad
Potato Chips

12 **Grilled Turkey & Swiss Cheese Sand.**
Cucumber & Onion Salad
Vanilla Ice Cream,
French Fries
Smothered Steak
Kernel Corn
Buttered Noodles

13 **Cheese Ravioli w/ Sauce**
Salad w/dressing
Garlic Bread, Peach Crisp
Rotisserie Chicken Breast, Zucchini
Herbed Rice

14 **Honey Glazed Ham**
Spinach Au Gratin
Snickerdoodle Cookie
Herbed Rice
Marinated Chicken Thigh
Brussel Sprouts
Mashed Potatoes

15 **Breaded Fish Fillet**
Calico Coleslaw
Fruit Salad, French Fries
Breaded Chicken/bun
Broccoli Florets
Macaroni Salad

16 **Thin Crust Cheese Pizza**
Salad w/dressing
Butterscotch Pudding
Meatballs w/Gravy
Vegetable Blend
Buttered Noodles

17 **Chicken Chili Cheese Quesadilla**
Mexican Corn
Fruit Salad
Garlic Pork Chop
Carrots
Buttered Rice

18 **BBQ Pork/bun**
Zucchini & Onions
Sliced Peaches
TaterTots
Rotisserie Chicken
Kernel Corn
Parsley Orzo

19 **Chicken Parmesan w/Spaghetti**
Parsley Cauliflower
Lemon Bar
Hamburger Steak
Green Peas
Mashed Potatoes

20 **Swedish Meatballs**
Glazed Carrots
Fruit Cocktail
Egg Noodles
Smothered Turkey Patty
Vegetable Blend
Herbed Rice

21 **Grilled Cheese Sandwich w/Tomato Soup**
Zucchini, Potato Wedges, Chilled Pears
Hamburger Steak
Spinach
Buttered Rice

22 **Herb & Lemon Fish Fillet**
Broccoli Florets
Baked Potato
Double Chocolate Brownie
Meatballs w/Gravy
Carrots, Parsley Rice

23 **Baked Ziti w/ Italian Sausage**
Caesar Salad
Garlic Bread
Lemon Cake w/Icing
Egg Salad Sandwich
Mixed marinated Veg.
Potato Chips

24/31 **Sweet & Sour Pork**
Capri Vegetable Blend
Mandarin Oranges
Yellow Rice

Herb Baked Fish
Alt: Stewed Tomatoes

25 **Chicken, Bacon & Ranch Sandwich**
Dixie Coleslaw
Butterscotch Pudding
TaterTots
Thin Crust Pizza
Sauteed Zucchini

26 **Cheese Ravioli w/ Sauce**
Balsamic Parmesan
Roasted Cauliflower
Spiced Pears
Turkey Burger
Green Bean Salad
Potato Chips

27 **Philly Cheesesteak Sandwich**
Cucumber & Onion Salad, French Fries
Yellow Cake/Frosting
Fish Fillet/bun
Calico Coleslaw
Steamed Rice

28 **Chicken Tenders**
Green Beans
Mac & Cheese,
Chilled Peach Parfait
Hamburger/bun
Calico Coleslaw
French Fries

29 **Open-face Turkey Sandwich/Gravy**
Kernel Corn, Mashed Potatoes, Brownie
Kielbasa Sausage
Braised Cabbage
Herbed Rice

30 **Homestyle Meat-loaf w/Ketchup**
Honey Carrots
Au Gratin Potatoes
Pumpkin Cheesecake Bar
Smothered Turkey Patty, Beets, Noodles