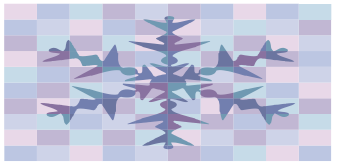
2020 **March** 2020

Nursing Home Menu



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 **Turkey w/ Cranberry Glaze** Green Beans Pumpkin Pie Sweet Potato Souffle Spinach & Cheese Quiche Zucchini & Onions	2 **Salisbury Steak** Sliced Glazed Carrots Fruit Cocktail Duchess Mashed Potatoes Chicken Tenders Whole Kernel Corn Buttered Noodles	3 **Cornflake Crusted Fish Fillet** Green Peas Vanilla Ice Cream Parsley Rice BBQ Meatballs Sliced Carrots Egg Noodles	4 **Kielbasa Sausage** Braised Cabbage Brown Sugar Baked Beans, Maple Apple Crisp Seasoned Chicken Breast Broccoli Florets Yellow Rice	5 **Braised Beef Round Roast** Parsley Carrots Red Skin Potatoes Oatmeal Raisin Cookie Garlic Pork Chop, Veg blend, Noodles	6 **Apple Ginger Pork Loin** Green Peas Rice, Fruit Salad Vegetable Quiche Spinach w/Garlic	7 **Rancher's Chicken Breast** Green Beans Garlic Breadstick Harvest Baked Apples Buttered Orzo Cheese Ravioli/Sauce Seasoned Zucchini
8 **Hawaiian Baked Ham** Brussel Sprouts Sweet Potato Butterscotch Pudding BBQ Chicken Breast Broccoli Florets Herbed Noodles	9 **Fried Chicken** Capri Vegetable Cornbread Chilled Peaches Potato Wedges Cheeseburger/Bun Calico Coleslaw Baked Beans	10 **Breaded Pollock Fish Fillet** Green Peas Noodles Jefferson Fruit Cocktail Herbed Pork Chop Carrots White Rice	11 **Braised Pork Tips** Broccoli Florets Yellow Rice Pineapple Tidbits Honey Dijon Chicken Thigh Kernel Corn Garlic Potato Wedges	12 **Maple Sage Turkey** Green Beans, Bread Dressing, Cranberry Applesauce Garlic Pork Chop Carrots, Parsley Ric	13 **Apple Glazed Ham** Beets, Au Gratin Pot. Pineapple Upside-Down Cake Lemon Pepper Chicken, Kernel Corn Buttered Noodles	14 **Baked Ziti/Sauce** Caesar Salad Garlic Breadstick Cinnamon Brown Sugar Blondie Smothered Turkey Patty Sliced Carrots Mashed Potatoes
15 **Balsamic Glazed Pork Loin** Zucchini, Red Skin Potato, Scalloped Apples Marinated chicken Thigh, Veg. Blend Parsley Orzo	16 **Thyme Baked Chicken Thigh** Brussel Sprouts Sweet Potatoes Carrot Cake/Icing Swedish Meatballs Spinach, Egg Noodles	17 **Lemon Butter Baked Fish** Veg. Blend, Rice Pilaf Tropical Fruit Salad Herbed Chicken Breast Green Beans Mashed Potatoes	18 **Kielbasa Sausage** Seasoned cabbage Mashed Potatoes Peanutbutter brownie Cheeseburger/bun Vegetable blend Baked Beans	19 **Rosemary Roast Beef Au Jus** Parsley Carrots Red Skin Potato, Harvest Baked Apple Lemon Pepper Fish Seasoned Beets Buttered Orzo	20 **Chicken Noodle Casserole** Green Peas Seasoned Rice Hamburger Steak Green Beans Marble cake w/white Frosting	21 **Orange Teriyaki Pork Roast** Garlic Green Beans Rice, Spiced Pears Chicken Tenders Vegetable Blend Mashed Potatoes
22 **Roast Turkey w/ Gravy** Brussels Sprouts Pumpkin Cheesecake Sage Bread Dressing Salisbury Steak Seasoned Spinach Herbed Rice	23 **Homestyle Meatloaf w/Ketchup** Broccoli Florets Au Gratin Potatoes Chocolate Ice Cream Grilled Cheese Sandwich Green Peas Parsley Noodles	24 **Baked Stuffed Fish Fillet** Spinach w/Garlic Rice Pilaf Pineapple Tidbits Rosemary Chicken Breast Carrots Potato Wedges	25 **Fried Chicken** Kernel Corn Cornbread Garlic Mashed Potato Dutch Apple Pie w/ Crumb Topping Parsley Pork Chop Broccoli Florets Yellow Rice	26 **Encrusted Pork Loin** Brussel Sprouts Mushroom Noodles Sugar Cookie Lemon Pepper Chicken Kernel Corn Mashed Potatoes	27 **Maple Dijon chicken Thigh** Sliced Beets Steamed Rice Spiced Peaches Smothered Steak Green Beans Parsley Orzo	28 **Shepherd's Pie** Vegetable Blend Deluxe Fruit Salad Garlic Baked Pork Chop Green Peas Parsley Noodles
29 **Turkey w/ Cranberry Glaze** Green Beans Pumpkin Pie Sweet Potato Souffle Spinach & Cheese	30 **Salisbury Steak** Sliced Glazed Carrots Fruit Cocktail Duchess Mashed Potatoes Chicken Tenders	31 **Cornflake Crusted Fish Fillet** Green Peas Vanilla Ice Cream Parsley Rice BBQ Meatballs	**Meals served with a choice of: Dinner Roll or bread, and Coffee, Hot Tea, Milk			

LUNCH MENU

Regular